

**Ingredients:**

2 tins tomatoes  
1/2 cucumber (peeled)  
3 x Spring onions  
Garlic (2 x cloves or a small squirt of puree)  
1 x red pepper  
Handful of fresh basil  
Small splash of balsamic vinegar,  
Black pepper to taste  
Small splash of olive oil

**PREP**

Simply add all the ingredients into a blender and blitz.....DONE!

**TRY**

Add some ice cubes and make extra chilled  
....perfect for Barbeques!